



Fort Collins Branch Newsletter

January 2024

FCB Class Updates

Class of 2027: These students began the Renal and Urinary Systems Course on Jan. 2, and this course runs through Jan. 26. They have their Traverse 3 week from Jan. 29 through Feb. 2.

Class of 2026: These students are continuing their clinical clerkships.

Class of 2025: These students will have a Trail Immersion from Jan. 8 through January 19. They will have Alpine Base Camp from Jan. 22 through Feb. 2. They will begin Alpine Ascent on Feb. 5.

Student Recognitions

Congratulations to the following FCB students who received 2023 Research Forum Awards:

Mike Akaraphanth, Best Hematology Poster: “Narrative Review of Strategies for Blood Product Shelf-Life Extension.” (Sponsoring School, Department or Division: Colorado Sickle Cell Treatment and Research Center).

Rachel Henderson: Best General Internal Medicine Poster: “What Front-line Service Providers for People Experiencing Homelessness Know About Body Lice and Associated Diseases – Colorado, 2022.” (Sponsoring School, Department or Division: Department of Medicine, Division of General Internal Medicine).

Winter Bike to Work (or Wherever) Day 2024

Save the date for Fort Collins’ Annual Winter Bike to Work (or Wherever) Day on Friday, Feb. 9, 2024 from 7 a.m. to 9:30 a.m. Closing ceremonies will be on Olive Street between College Ave. and Mason Street. For details, visit <https://www.fcgov.com/bicycling/bike-to-work-day>

Highlighted Events:

CU Anschutz Events

Access the schedule for AMC events, including Grand Rounds, Lectures, Seminars, Workshops, & OSL events, at <https://calendar.cuanschutz.edu/calendar/upcoming/>.

FCB Office Days for Dean Scott (aka Dean Scotty)

Dr. Maurice Scott, Assistant Dean of Student Affairs, will be in-person at the FCB on the following days and will be available to meet with students: Jan. 18, Feb. 21, and March 14. To make an appointment or to confirm his open office hours, students can email him at maurice.scott@cuanschutz.edu.

Winter Solstice Traditions

The Global Village Museum of Arts and Culture (200 W. Mountain Ave.) presents “Fire and Light: Winter Solstice Traditions” through January 20. The museum’s hours are Tues.-Saturday from 11 a.m.-5 p.m. For details, visit <https://globalvillagemuseum.org/current-exhibits/>.

MLK Jr. Day Activities at CSU

The CSU community will mark Dr. Martin Luther King, Jr. Day on Monday, Jan. 15 with a day of service, march and a performance by Ira Knight, playwright, producer, director and author. The theme of this year's celebration is entitled "It Starts With Us." The day of service will begin at Lory Student Center at 8 a.m. The march will begin at 11 a.m. at the CSU Oval and end at the Lincoln Center, where the performance by Knight is scheduled to begin at 12:45. Use the QR code for details.



Fort Collins Foodie Walk

Recurring monthly on the third Friday with the next date being January 19, Downtown Fort Collins invites you to explore the flavorful world of food and drink of Downtown from 5-8 p.m. This monthly self-guided walking tour celebrates the culinary culture and thriving foodie scene with interactive showcases, seasonal flavors and exciting taste experiences. This event is free. For details and participating locations, visit <https://downtownfortcollins.com/play/fort-collins-foodie-walk>.

First Friday Art Walk

Recurring monthly on the first Friday with the next date being February 2, Downtown Fort Collins invites you to explore featured exhibits which are new each month. This is a self-guided tour from 6-9 p.m. for the art lover in everyone. It celebrates creativity, culture, and community in Downtown. From fine to funky, the Art Walk showcases a spectrum of artistic styles to entertain and engage amateurs and art aficionados of all ages, interests, and backgrounds. This event is free. For details and participating locations, visit <https://downtownfortcollins.com/play/first-friday-art-walk>.



NIGHT ON THE TOWN

DOWNTOWN LOVELAND
• EVERY 2ND FRIDAY •

Loveland's 'Night on the Town'

On the second Friday of every month, Downtown Loveland hosts this event with many art galleries and businesses welcoming patrons from 5-9 p.m. You'll find snacks, live music and sales in multiple locations, all a part of an inviting atmosphere and hearty welcome from downtown businesses. Enjoy the January event on the 12th. Visit <https://visitloveland.com/events/night-on-the-town-4/> for more information.

Poudre Library Used Book Sale

The Poudre Friends of the Library Used Book Sale will be at Harmony Library (4616 S. Shields St.) on Friday, Jan. 19 from 9 a.m. – 6 p.m.; Saturday, Jan. 20 from 9 a.m. to 5 p.m.; and Sunday, Jan. 21 from noon-4 p.m. (1/2 Price Day). Thousands of hardback and paperback books will be for sale at great prices. Proceeds from the sale benefit the Poudre River Public Library District. For more information, visit <https://www.pfol.org/>.



25th Annual CVMBS Research Day

The 25th Annual CVMBS Research Day will be held on January 26-27, 2024, at the Translational Medicine Institute (Jan. 26) and Lory Student Center (Jan. 27). Research Day is a showcase of cutting-edge research projects and approaches from members of the College of Veterinary Medicine and Biomedical Sciences community. The symposium is an opportunity for students, faculty, and staff to present their work and talents, connect with other graduate students and faculty at CSU, and learn about other disciplines. For more information and a detailed schedule of Research Day, visit <https://vetmedbiosci.colostate.edu/research/research-day/>

CSU Lectures, Seminars, and Other Campus Events

Wed., Jan. 17 from 5:30-6:30 p.m. – **Healthy YOU Group Program.** This is an eight-week healthy lifestyle class that includes nutrition, mindful eating, and exercise. This class meets in the Kendall Reagan Nutrition Center inside the CSU Health and Medical Center building (151 W. Lake – Suite 1400). Discounts are available to CSU students and employees. Call 970-495-5916 for discount options before registering. <https://fshn-colostate.nbsstore.net/healthy-you-program-january-2024>.

Wed., Jan. 31 from 4-5:45 p.m. – **Uplifting and Supporting Marginalized Populations in Healthcare: An HDFS ConX Event.** All are invited to this event in the Behavioral Sciences Building for a video screening of “Aftershock” as well as a panel featuring professionals in healthcare and Diversity, Equity, Inclusion and Justice. Learn about strategies to support marginalized communities in healthcare. This event is organized by the Department of Health and Human Sciences. For more information, visit: <https://calendar.colostate.edu/chhs/?trumbaEmbed=view%3Devent%26eventid%3D171386947>.

Thurs., Feb 1 from 6-9 p.m. – **Richland** Film Screening. This event presented by the ACT Human Rights Film Festival and CSU Center for Fine Art Photography will be at the Lyric Cinema (1209 N. College). “Built by the U.S. government to house the Hanford nuclear site workers who manufactured weapons-grade plutonium for the Manhattan Project, Richland, Washington is proud of its heritage as a nuclear company town and proud of the atomic bomb it helped create.” Richland offers a portrait of this community which staked its identity and future on its nuclear origin story. The film’s director, Irene Lustzig, will be in-person for a post-film Q&A. For details, visit <https://www.lyriccinema.com/movie/richland>.

Sat., Feb. 3 from 10 a.m.-3 p.m. – **Make and Mend**. Attend this workshop at the Avenir Museum of Design and Merchandising if you want to learn how to mend your clothing, sew on a button or just need a larger space for a sewing project. These events are monthly and are free and open to the public on a drop-in basis. The event contact is Sarah Lillis (sarah.lillis@colostate.edu).

Translational Talks

Translational Talks highlight efforts in support of human and veterinary clinical research. “Translational research is the engine that turns the knowledge created by biomedical scientists, social scientists, engineers, physicians, veterinarians, and innovators into important solutions for human and veterinary patients. CSU has a team dedicated to supporting human and veterinary clinical researchers who are building tools to aid the translation of knowledge into solutions.”



The next Translational Talk is Thursday, January 25, “Translational Research in the Behavioral and Social Sciences.” The Translational Talks begin at 4 p.m. in the Translational Medicine Institute Grand Events Hall (TMI 330) at 2350 Gillette Drive. After the Talk, attendees are invited to attend a networking reception at 5:30 p.m. Contact Dr. Heather Pidcoke at h.pidcoke@colostate.edu with questions or visit <https://calendar.colostate.edu/vpr/>.



Science on Tap FoCo

Celebrate the New Year with Science on Tap FoCo on January 25 at 6:30 p.m. at Wolverine Publick House (316 Willow Street). The guest presenter will be Dr. Cheryl London, animal lover and clinical trial expert. Science on Tap events feature student partnerships with older community members, “a novel strategy for student engagement.” Visit Science on Tap FoCo’s Facebook page for event information. ([Science on Tap FoCo | Facebook](#)).



Colorado Medical Society Well-Being Resource

The Colorado Medical Society (CMS) with the Colorado Physician Health Program offers this program, Doc2Doc Wellbeing Consulting, for any Colorado physician or medical student. The program includes three free, one-hour, confidential, peer well-being consultation sessions. Physicians or medical students can call the 24/7 line, **(720) 810-9131**, which is answered by a Masters-Level Licensed Clinician, to discuss any concern including burnout, stress or situational issues. If more support is necessary, your peer wellbeing consultant will assist you in finding additional help. For details, visit <https://www.cms.org/doc2doc>.

Campus Activities



CSU Home Athletics

Sat., Jan. 6, **Women's Basketball vs. UNLV**, 1 p.m., Moby Arena

Sat., Jan. 13, **Women's Basketball vs. New Mexico**, 1 p.m., Moby Arena

Tues., Jan. 16, **Men's Basketball vs. Air Force**, 7 p.m., Moby Arena

Wed., Jan. 17, **Women's Basketball vs. Air Force**, 6:30 p.m., Moby Arena

Fri., Jan. 19, **Men's Basketball vs. UNLV**, 8:30 p.m., Moby Arena

Sat., Jan. 20, **Women's Tennis vs. North Dakota**, 2 p.m., CSU Tennis Complex

Fri., Jan. 26, **Women's Tennis vs. Abilene Christian**, 4 p.m., CSU Tennis Complex

Sat., Jan. 27, **Women's Swimming vs. Northern Colorado**, 11 a.m., Moby Pool

Sat., Jan. 27, **Women's Basketball vs. San Jose State**, 1 p.m., Moby Arena

Tues., Jan. 30, **Men's Basketball vs. San Diego State**, 7 p.m., Moby Arena

Sat., Feb. 3, **Women's Basketball vs. San Diego State**, 1 p.m., Moby Arena

Tues., Feb. 6, **Men's Basketball vs. Boise State**, 7 p.m., Moby Arena

For details, ticket information, and a complete schedule of events, visit <https://csurams.com/>.



CU Home Athletics

Fri., Jan. 12, **Women's Basketball vs. California**, 7 p.m., Boulder

Sat., Jan. 13, **Men's Basketball vs. USC**, 8 p.m., Boulder

Sun., Jan. 14, **Women's Basketball vs. Stanford**, Noon, Boulder

Thurs., Jan. 18, **Men's Basketball vs. Oregon**, 8:30 p.m., Boulder

Fri., Jan. 19, **Women's Basketball vs. UCLA**, 6 p.m., Boulder

Sat., Jan. 20, **Men's Basketball vs. Oregon State**, 5 p.m., Boulder

Sun., Jan. 21, **Women's Basketball vs. USC**, 1 p.m., Boulder

For details, ticket information and a complete schedule of events, please visit <https://cubuffs.com/>

Music and Theatre at CSU

Tues., Jan. 23 @ 7:30 p.m. – **Classical Convergence Series: Cuarteto LatinoAmericano**, Organ Recital Hall. For tickets, visit www.lctix.com.

Tues., Feb. 6 @ 7:30 p.m. – **Classical Convergence Series: Vitamin String Quartet**, The Lincoln Center. For tickets, visit www.lctix.com.

Wed., Feb. 7 @ 7:30 p.m. – **ON THE BRINK Reading Series**. This reading series is aimed at amplifying marginalized voices and exposing students to a diverse array of BIPOC, queer, and women artists from around the nation and the world. Join this event at the Second Floor Large Acting Lab at the UCA. For details, visit <https://theatre.colostate.edu/events/on-the-brink-reading-series-2024-02-04/>.

For more information, visit <https://theatre.colostate.edu/> or <https://music.colostate.edu/events/>.

Housing for Students Completing Denver Metro Area Electives & Acting Internships

FCB students have several options for housing while doing electives and active internships in the Denver Metro Area. In addition to the housing offered through the Colorado Area Health Education Center (application process and information below), CSU offers SPUR housing in the Denver area. This housing offers apartment and dorm style units for short-term housing needs. The FCB administration has been in contact with the CSU SPUR team and is working on more details for possible utilization of their facilities for our branch students. More information to come as it is made available.

Housing Application COAHEC (Colorado Area Health Education Center)

Option #1 – COAHEC Arranged Housing

AHEC regional housing coordinator will provide housing as close to the rotation as possible. Majority of arranged housing occurs in host homes. Host homes are completely vetted and inspected.



Host homes provide: 24/7 access to the home; private bedroom with lock; private or shared bathroom; kitchen access; available parking; non-smoking environment; working smoke and carbon dioxide detectors; and a fire escape plan.

How to apply:

Step 1: Complete the following form **60 days** ahead of your rotation. The FCB Admin Team will submit the request to AHEC and provide confirmation of the rotation.

<https://app.smartsheet.com/b/form/fb02b143056a408c925976ecb681927a>

Step 2: You will receive the information directly from AHEC about your housing request. Follow the personalized link to request or decline the housing.

Option #2 – COAHEC Student Found Housing

The student is responsible for securing housing and payment for their housing during their rotation and must submit for reimbursement at the end of their rotation. Note, students must request student-found housing before the start of their rotation. Lodging with your immediate family (parents and siblings) is not eligible for reimbursement.

How to apply:

Step 1: Complete the following form **60 days** ahead of your rotation. The FCB Admin Team will submit the request to AHEC and provide confirmation of the rotation.

<https://app.smartsheet.com/b/form/fb02b143056a408c925976ecb681927a>

Step 2: You will receive the information directly from AHEC about your housing request.

For more information visit:

[Clinical Training | Colorado AHEC Program Office \(cuanschutz.edu\)](#)

[PowerPoint Presentation \(cuanschutz.edu\)](#)

*Does not apply to out of state rotations.

In the News

“The Sound of Injustice: Inequitable urban noise impacts people, wildlife” by Jayme DeLoss

<https://warnercnr.source.colostate.edu/redlining-inequitable-urban-noise/>

“CSU researchers investigate cause of spike in canine respiratory disease” by CVMBS Communications

<https://cvmbs.source.colostate.edu/respiratory-illness-canine/>

“CSU leads interdisciplinary research into antibacterial material for internal medical devices” by Josh

Rhoten. [CSU develops antibacterial material for internal medical devices \(colostate.edu\)](#)

“Study Provides New Insight into Low Social Determinants of Health Screening Rates” by Julia Milzer

[Study Provides New Insight into Low Social Determinants of Health Screening Rates \(cuanschutz.edu\)](#)

“CU Anschutz Top Stories of 2023” by CU Anschutz News Staff

[CU Anschutz Top Stories of 2023](#)

“CU Anschutz Harnesses Technology and Innovation to Speed Drug Discovery” by Chris Casey

<https://news.cuanschutz.edu/news-stories/cu-anschutz-harnesses-technology-and-innovation-to-speed-drug-discovery>

“Science Communicators Strategize How to Demystify Science” by a Guest Contributor

[Science Communicators Strategize How to Demystify Science \(cuanschutz.edu\)](#)

“Paxlovid to the Rescue? What to Know About the COVID-19 Drug” by Debra Melani

[Paxlovid to the Rescue? What to Know About the COVID-19 Drug \(cuanschutz.edu\)](#)



FCB Faculty Spotlight

Caren Millard, MD

Surgery Liaison

Clinical: UHealth Greeley

Dr. Caren Millard is a Colorado native. She received her BS and MS in Biomedical Sciences at Colorado State University. She attended medical school at the University of Colorado School of Medicine and completed residency training at Saint Joseph Hospital in Denver. She works at the UHealth Greeley Hospital as a general, acute care and trauma surgeon. Her practice spans the scope of true general surgery, with specific clinical interest in thyroid and parathyroid disease and a focus on compassionate, patient-centered care. Outside of medicine, Dr. Millard enjoys anything outside: travel, reading, and spending time with her family and Bengal cats.

CUSOM – Fort Collins Branch

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Admin phone: 970-492-4204

151 West Lake Street, Fourth Floor

Fort Collins, Colorado 80524

Administrative Office Hours:

Monday – Friday, 8 a.m. – 4:30 p.m.

CUSOM@CSU Offices CLOSED Monday, January 15 for
Martin Luther King, Jr., Day.

